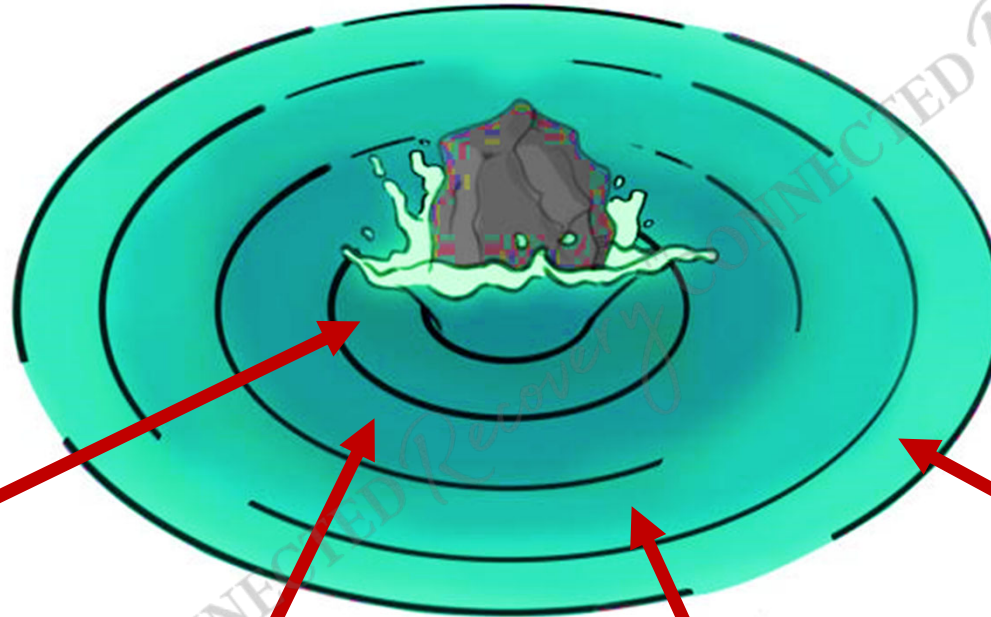


# Effect of Trauma Responses



Temporary Sense  
of Safety for  
Responder

Relational  
Consequences:  
Partner/  
Family/Friendships

Undermines Safety  
and Connection in  
the Relationship

Responder Feels  
Guilt, Shame, &  
Powerlessness